

EXHAUSTION FROM INFORMATION SYSTEM CAREER EXPERIENCE: IMPLICATIONS FOR TURN-AWAY INTENTION

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Appendix A

Construct, Acronyms, Definitions, and Sources I

Term	Acronym	Definition	Source
Affective Commitment to the IS Profession	ACISP*	An individual's positive emotional attachment to the profession.	Lee et al. 2000; Meyer and Herscovitch 2001
Autonomy	AUT	Provides individuals with the freedom to decide how to accomplish tasks.	Ahuja and Thatcher 2005
Burnout	ВО	A condition in which the stress experienced exceeds an individual's ability to cope with that stress; "an extreme state of psychological strain and depletion of energy resources arising from prolonged exposure to stressors that exceed the person's resources to cope."	Cooper et al. 2001, p. 84
Career Family Conflict	CFC*	The incompatible pressures that career demands and family life can place on individuals across their experience in the IS field	Duxbury and Higgins 1991
Continuance Commit- ment to the IS Profession	CCISP	Derived from the perceived cost of leaving the profession.	Meyer et al. 2002
Control of Career	CTRL*	"Reflects the extent to which individuals believe they can predict and influence the direction of their careers"; involves the control over one's career path.	Ito and Brotheridge 2001, p. 410; Hartline and Ferrell 1996
Exhaustion	EXH	The key component of burnout; feeling mentally fatigued or emotionally overextended.	Maslach and Schaufeli 1993; Wright and Cropanzano 1998
Exhaustion from IS Career Experience	EISCE*	The feeling of being overextended from one's IS experience or IS career.	New

Term	Acronym	Definition	Source
Fairness	FAIR*	The perception of being treated impartially or with a lack of favoritism.	Moorman 1991
Information Systems Career Experience	ISCE	The sum of work-related experiences over an IS professional's career.	New
Information Systems Career Experience Demands	ISCE Demands	The characteristics or features of an individual's career experience in the IS profession that place demands on the individual and require mental and/or emotional effort to meet.	Mauno et al. 2007
Information Systems Career Experience Resources	ISCE Resources	Psychological, mental, or emotional features of an individual's career experience in the IS profession that aid in achieving goals, reducing demands, or stimulating personal development.	Bakker and Demerouti 2008; Demerouti et al. 2001; Mauno et al. 2007
Normative Commitment to the IS Profession	NCISP	The individual commits to the profession from negative feelings (i.e., obligation).	Meyer et al. 2002
Perceived Workload	PW*	The perceived amount of work to be accomplished in the allotted time.	Kirmeyer and Dougherty 1988
Role Ambiguity	RA	Uncertainty regarding role expectations.	Daft and Noe 2001
Role Conflict	RC	Incompatible demands from multiple roles.	Daft and Noe 2001
Turn-Away Intention	TAI*	The intention to change professions / careers as opposed to changing a job or organization.	Joseph et al. 2011
Work-Family Conflict	WFC	The incompatible pressures that work and family demands can place on an individual such that work demands spillover into family life.	Duxbury and Higgins 1991

^{*}Indicates constructs tested and found in Figure 1.

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Appendix B

Construct Mapping from the Job Context to the IS Career Experience (ISCE) Context

Job Context Construct	ISCE Context Construct
Organizational Commitment	Affective Commitment to the IS Profession
Work–Family Conflict	Career–Family Conflict
Job Autonomy	Control of Career
Work Exhaustion	Exhaustion from IS Career Experience
Fairness of Rewards	Fairness
Perceived Work Overload	Perceived Workload
Turnover Intention	Turn-Away Intention

Appendix C

Sample of JD–R Studies Exploring Relationships Between Demands, Resources, and Burnout

Relationship Findings	Source
Demands and resources influence burnout directly	Brough et al. 2013 (Chinese sample); Crawford et al. 2010; Hakanen et al. 2008; Maslach and Leiter 2008; Schaufeli et al. 2009b
Resources moderate demands–burnout relationship	Bakker et al. 2010; Brough et al. 2013 (Australian sample); van Emmerik et al. 2009
Resources moderate demands–burnout relationship and direct effect for resources	de Rijk et al. 1998; Kahn and Byosiere 1992; Koeske et al. 1993
No moderation	Xanthopoulou et al. 2007
No moderation but direct effect for resources on burnout	Bakker et al. 2004
Job resources and job demands partially mediate the relationship between person resources and burnout	Consiglio et al. 2013
Job demands mediate the relationship between person demands and exhaustion and/or burnout	Guglielmi et al. 2012; Schaufeli et al. 2009a; Taris et al. 2012
Job resources mediate the relationship between person resources and burnout	Guglielmi et al. 2012
Person resources mediate the relationship between job resources and exhaustion	Xanthopoulou et al. 2007

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Appendix D

Survey Constructs and Response Scales

Construct	Based On	Response Scale	Items				
Affective	Allen and		to your own feelings about the IT profession, please indicate the level of your				
Commitment to the	Meyer 1990	agreement o	r disagreement with each statement.				
IS Profession		7	I would be very happy to spend the rest of my career in this profession.				
		7	I enjoy discussing my profession with people outside IT.				
		7	I think I could easily become as attached to another profession as I am to this one. (R)				
		7	I do not feel emotionally attached to this profession. (R)				
		7	I do not feel a strong sense of belonging to my profession. (R)				
Career– Family	Netemeyer	Throughout r	my IT career				
Conflict	et al. 1996	7	The demands of my work interfered with my home and family life.				
		7	The amount of time my job took up made it difficult to fulfill family responsibilities.				
		7	Things I wanted to do at home did not get done because of the demands my job put on me.				
		7	My job produced strain that made it difficult to fulfill family duties.				
Control of Career	Bordia et al.	Think about your place in the IT profession					
(Control)	2004	7	I feel I am in control of my future in the IS profession.				
		7	*I feel I can influence the nature of change in the IS profession.				
		7	I feel in control of the direction in which my career is headed.				
Control of Career	Ashford et	Think about	your place in the IT profession				
(Power)	al. 1989	7	I have enough power to control events that might affect my IT career.				
		7	In the IT profession, I can prevent negative things from affecting my work situation.				
		7	I understand the IT profession well enough to be able to control things that affect me.				
Exhaustion from IS	Maslach and	Think about	your entire IT career				
Career Experience Jackson		7	I have felt emotionally drained from my work.				
	1981	7	I have felt used up at the end of the workday.				
		7	I have felt fatigued when getting up in the morning and having to face another day on the job.				
		7	I have felt burned out from my work.				
Fairness	Moorman	Think about	your entire IT career				
	1991;	7	My work schedule has been fair.				
	Niehoff and	7	I think that my level of pay has been fair.				
	Moorman 1993	7	I consider my workload to have been fair.				
	1993	7	I feel that my job responsibilities have been fair.				
		7	Overall, the rewards I received have been fair.				

Construct	Based On	Response Scale	Items
Negative Affectivity	Moore 2000; Watson et al.		number of words that describe different feelings and emotions. Please indicate the ch you have felt this way during the past few months.
	1988	5	Scared
		5	Afraid
		5	Upset
		5	Distressed
		5	Jittery
		5	Nervous
		5	*Ashamed
		5	*Guilty
		5	Irritable
		5	*Hostile
Perceived	Kirmeyer	Think about	your entire IT career
Workload	and	7	I have felt busy or rushed at work.
	Dougherty	7	I have felt pressured at work.
	1988	7	I have felt that the amount of work I've done has interfered with how well it was done.
		7	I have felt that the number of requests, complaints, or problems I dealt with was more
			than expected.
Turn-Away	Meyer et al.	Think about	your place in the IT profession
Intention	1993	7	I intend to continue working in the IT profession until I retire. (R)
		7	I expect to work in a career other than IT sometime in the future.
		7	I frequently think about getting out of the IT profession.
		7	It is likely that I will soon explore career opportunities outside of the IT profession.

⁵ indicates use of a 5-point Likert scale with "very slightly or not at all" and "extremely" as anchors.

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⁷ indicates use of a seven-point Likert scale with "strongly disagree" and "strongly agree" an anchors.

^{*}Indicates eliminated item.

Appendix E

Model Validation

Before examining the path model, general information (means, standard deviations, and correlations) about the model constructs was evaluated in SPSS (see Table E1). In order to ensure there were no issues with multicollinearity, the variance inflation factor (VIF) values for all of the constructs were calculated and found to be well below the acceptable threshold of 10.0 (Neter et al. 1990) (between 1.14 and 1.69). For the Durbin Watson statistic (d = 2.09) with six regressors, a sample size of 293 and a p value of 0.01 $d_L = 1.61$ and $d_U = 1.74$. Since $d > d_U$ we conclude that the errors are not positively autocorrelated, and since (4-d) $> d_U$ we conclude that the errors are not negatively autocorrelated. We also analyzed the data for outliers and none were found. SmartPLS was used to examine the proposed path model. We began with a review of the individual items and factor structure in a confirmatory factor analysis (see Table E2). Problems with high cross loadings indicated that a few of the items should be removed (removed items are noted in Appendix D with an asterisk). These items were deleted prior to performing the remaining measurement assessments.

Reliability results are provided in Table E3. Cronbach's α for each construct was well above the recommended value of .70 (Hair et al. 2006) and ranged from 0.865 (ACISP) to 0.943 (CFC). Composite reliability ranged from 0.903 (ACISP) to 0.959 (CFC). Each construct's average variance extracted (AVE) exceeded 0.50 (Chin 1998; Fornell and Larcker 1981), and ranged from 0.623 (negative affectivity) to 0.853 (CFC), satisfying the requirement for convergent validity.

To evaluate the discriminant validity of the constructs, the approach recommended by Fornell and Larcker (1981) was utilized. Table E4 provides the data and indicates that the construct's AVE is greater than the squared correlation between each pair of constructs in the model.

"Common methods bias is the magnitude of the discrepancies between the observed and the true relationships between constructs that results from common methods variance" (Doty and Glick 1998, p. 36). To address potential common methods bias in the survey design, we included reverse-scored items to reduce compliance problems (Lindell and Whitney 2001).

Table E1.	Table E1. Descriptive Statistics (n = 293)										
	ACISP	CFC	CTRL	EISCE	FAIR	PW	TAI	AGE	TENURE	GENDER	NA
ACISP	1										
CFC	-0.196**	1									
CTRL	0.306**	-0.106	1								
EISCE	-0.470**	0.464**	-0.327**	1							
FAIR	0.305**	-0.531**	0.297**	-0.475**	1						
PW	-0.271**	0.491**	-0.165**	0.737**	-0.419**	1					
TAI	-0.708**	0.196**	-0.213**	0.372**	-0.238**	-0.184**	1				
AGE	0.246**	0.087	-0.065	-0.042	-0.103	0.061	-0.304**	1			
TENURE	0.255**	0.133*	-0.087	-0.013	-0.127*	0.063	-0.311**	0.825**	1		
GENDER	-0.023	0.009	0.035	-0.069	-0.021	0.069	0.003	0.016	0.006	1	
NA	-0.232**	0.275**	-0.204**	0.473**	-0.206**	0.291**	0.242**	0.011	-0.042	0.105	1
Mean	4.10	3.78	3.79	4.39	5.24	4.58	3.34	39.74	14.35	1.42	1.83
SD	1.34	1.56	1.11	1.64	1.15	1.38	1.56	9.78	9.32	0.49	0.69

^{**}Correlation Significant at .01 Level; *Correlation Significant at .05 Level.

Table Legend

ACISP = Affective Commitment to the IS Profession; CFC = Career–Family Conflict; CTRL = Control of Career; EISCE = Exhaustion from IS Career Experience; FAIR = Fairness; PW = Perceived Workload; TAI = Turn-Away Intention; NA = Negative Affectivity

Table E2. Cor	nfirmatory Facto	or Analysis					
	ACISP	CFC	CTRL	EISCE	FAIR	PW	TAI
ACISP1	0.8332						
ACISP2	0.7278						
ACISP3_R	0.7834						
ACISP4_R	0.8512						
ACISP5_R	0.8293						
CFC1		0.9215					
CFC2		0.9435					
CFC3		0.8976					
CFC4		0.9327					
CTRL1			0.8293				
CTRL3			0.8425				
PWR1			0.7912				
PWR2			0.8439				
PWR3			0.7898				
EISCE1				0.9109			
EISCE2				0.9135			
EISCE3				0.9219			
EISCE4				0.8924			
FAIR1					0.8001		
FAIR2					0.7379		
FAIR3					0.8759		
FAIR4					0.8805		
FAIR5					0.8078		
PW1						0.8527	
PW2						0.8802	
PW3						0.8522	
PW4						0.8049	
TAI1_R							0.8594
TAI2							0.8318
TAI3							0.8619
TAI4							0.8965

Notes: Loadings less than 0.40 were omitted from the table for clarity; _R indicates a reverse coded item.

Table E3. Convergent Validity Summary and Construct Reliabilities								
Construct Average Variance Extracted Cronbach's Alpha Composite Reliable								
ACISP	0.6500	0.8653	0.9025					
CFC	0.8534	0.9428	0.9588					
CTRL	0.6707	0.8783	0.9105					
EISCE	0.8276	0.9306	0.9506					
FAIR	0.6760	0.8809	0.9122					
PW	0.7136	0.8658	0.9087					
TAI	0.7442	0.8858	0.9208					

Table Legend

ACISP = Affective Commitment to the IS Profession; CFC = Career–Family Conflict; CTRL = Control of Career; EISCE = Exhaustion from IS Career Experience; FAIR = Fairness; PW = Perceived Workload; TAI = Turn-Away Intention; NA = Negative Affectivity

Table E4.	Table E4. Correlations Among Latent Constructs										
	ACISP	CFC	CTRL	EISCE	FAIR	PW	TAI				
ACISP	0.8062	0	0	0	0	0	0				
CFC	-0.1984	0.9238	0	0	0	0	0				
CTRL	0.3079	-0.1260	0.8190	0	0	0	0				
EISCE	-0.4748	0.4666	-0.3393	0.9098	0	0	0				
FAIR	0.3136	-0.5430	0.3205	-0.4918	0.8222	0	0				
PW	-0.2708	0.4914	-0.1784	0.7397	-0.4424	0.8447	0				
TAI	-0.7277	0.1966	-0.2200	0.3774	-0.2445	0.1903	0.8627				

Note: The diagonals are the square root of the average variance extracted (AVE) for each factor.

Table Legend

ACISP = Affective Commitment to the IS Profession; CFC = Career–Family Conflict; CTRL = Control of Career; EISCE = Exhaustion from IS Career Experience; FAIR = Fairness; PW = Perceived Workload; TAI = Turn-Away Intention; NA = Negative Affectivity

Construct	Indicator	Substantive Construct Correlation	Substantive Construct Variance Explained	Common Method Factor Correlation	Common Method Variance Explained
	ACISP1	0.83	0.69	-0.82	0.67
Affective Commitment to the IS Profession	ACISP2	0.73	0.53	-0.60	0.36
	ACISP3_R	0.78	0.61	-0.66	0.44
	ACISP4_R	0.85	0.72	-0.69	0.47
	ACISP5_R	0.83	0.69	-0.68	0.46
	CFC1	0.92	0.85	0.40	0.16
One of Family One fligh	CFC2	0.94	0.89	0.40	0.16
Career–Family Conflict	CFC3	0.90	0.81	0.40	0.16
	CFC4	0.93	0.87	0.46	0.21
	CTRL1	0.84	0.71	-0.41	0.17
	CTRL3	0.83	0.69	-0.45	0.20
Control of Career	Power1	0.79	0.63	-0.20	0.04
	Power2	0.84	0.71	-0.37	0.14
	Power3	0.79	0.62	-0.29	0.09
	EISCE1	0.91	0.83	0.60	0.37
Exhaustion from IS Career	EISCE2	0.91	0.83	0.56	0.32
Experience	EISCE3	0.92	0.85	0.65	0.42
	EISCE4	0.89	0.80	0.73	0.53
	Fair1	0.80	0.64	-0.37	0.14
	Fair2	0.74	0.54	-0.39	0.15
Fairness	Fair3	0.88	0.77	-0.45	0.20
	Fair4	0.88	0.78	-0.53	0.28
	Fair5	0.81	0.65	-0.51	0.26
	PW1	0.85	0.73	0.33	0.11
Demokrati Matt	PW2	0.88	0.77	0.46	0.21
Perceived Workload	PW3	0.85	0.73	0.42	0.17
	PW4	0.79	0.63	0.47	0.22
	TAI1_R	0.86	0.74	0.53	0.28
-	TAI2	0.83	0.69	0.43	0.18
Turn-Away Intention	TAI3	0.86	0.74	0.64	0.41
	TAI4	0.90	0.80	0.53	0.28
AVERAGE			0.73		0.30

We assessed the extent of common methods variance (CMV) in the data with two tests. First, we performed Harmon's one factor test (Podsakoff and Organ 1986) by including all reflective items in a principal components factor analysis. The results revealed eight factors with no single factor accounting for a majority of variance (i.e., the largest factor variance was 30.2%), suggesting no substantial CMV among the scales. We then followed the procedure recommended by Podsakoff et al. (2003) which specifies that, in addition to theoretical constructs, a common methods construct (that includes all the indicators) be used in the empirical research model. We assessed the variance explained by the common methods construct relative to the variance explained by the substantive constructs. As shown in Table E5, the average variance explained by the substantive construct is 0.30. Taken together, these analyses indicate that common methods bias did not significantly affect our results.

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Appendix F

Mediation Test Procedure ■

According to Hoyle and Kenny (1999), to establish mediation in a structural equation context we need to show that (1) the independent variable (e.g., EISCE) significantly affects the outcome variable (e.g., TAI) in the absence of the mediator and (2) the direct effect of the independent variable (e.g., EISCE) on the outcome variable decreases upon the addition of the mediator (e.g., ACISP). This two-step approach to examining mediation can be used to judge whether mediation is occurring. In order to establish the mediating effect, the indirect effect must be significant; this can be determined using a Sobel Z-statistic (Helm et al. 2010).

We conducted a Sobel (1982) test of the indirect effect of EISCE on TAI via ACISP to evaluate whether the mediator carried the influence of the independent variable to the dependent variable. A Z-test of the indirect effect was conducted using a ratio of the indirect coefficient to its standard error. A significant Z value indicates that the indirect effect of the independent variable on the dependent variable via the mediator is significantly different from zero.

To assess the magnitude of the indirect effects (Helm et al. 2010), we calculated the variance accounted for (VAF). The formula for the VAF is $(\beta iv-m * \beta m-dv) / (\beta iv-m * \beta m-dv + \beta iv-dv)$. The numerator of the VAF is calculated as the beta of the independent variable-mediator relationship multiplied by the beta of the mediator-dependent variable relationship. The denominator of the VAF is calculated as the beta of the independent variable-mediator relationship multiplied by the beta of the mediator-dependent variable relationship plus the beta of the independent-dependent variable relationship. If the VAF is greater than 0.5, then the indirect effect is more influential on the dependent variable that the direct effect (Helm et al. 2010).

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Appendix G

Recommended Items for Future Studies I

How many organizations have you worked for as an IT professional?

Perceived Workload (PW)

- 1. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling of being busy or rushed at work as an IT professional. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 1a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience a persistent feeling of being busy or rushed at work?
 - 1b. Of those experiences, what was the frequency with which you felt busy or rushed at work? (Likert frequency scale: never, seldom, sometimes, often, very often)
- Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling of pressure at work as an IT professional. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 2a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you often experience feeling pressure at work?
 - 2b. Of those experiences, what was the frequency with which you felt pressure at work as an IT professional? (Likert frequency scale: never, seldom, sometimes, often, very often)
- Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling that the
 amount of work I've done as an IT professional has interfered with how well the work was done. (Seven-point Likert scale: strongly
 disagree/strongly agree)
 - 3a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you feel that the amount of work to be done interfered with how well you were able to do the work?
 - 3b. Of those experiences, what was the frequency with which you felt the amount of IT-related work to be done interfered with how well you were able to do the work? (Likert frequency scale: never, seldom, sometimes, often, very often)
- 4. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling that the number of requests, complaints, or problems I dealt with as an IT professional was more than expected. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 4a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you feel that the number of requests, complaints, or problems you dealt with as an IT professional was more than expected?
 - 4b. Of those experiences, what was the frequency with which you felt that the number of requests, complaints, or problems you dealt with as an IT professional was more than expected? (Likert frequency scale: never, seldom, sometimes, often, very often)

Exhaustion from IS Career Experience (EISCE)

- 1. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling of being emotionally drained from my work as an IT professional. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 1a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling emotionally drained from your work?

- 1b. Of those experiences, what was the frequency with which you felt emotionally drained from your work? (Likert frequency scale: never, seldom, sometimes, often, very often)
- 2. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling of being used up at the end of the workday as an IT professional. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 2a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling used up at the end of the workday?
 - 2b. Of those experiences, what was the frequency with which you felt used up at the end of the workday? (Likert frequency scale: never, seldom, sometimes, often, very often)
- Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling of fatigue
 when getting up in the morning and having to face another day on the job as an IT professional. (Seven-point Likert scale: strongly
 disagree/strongly agree)
 - 3a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling fatigued when getting up in the morning and having to face another day on the job?
 - 3b. Of those experiences, what was the frequency with which you felt fatigued when getting up in the morning and having to face another day on the job? (Likert frequency scale: never, seldom, sometimes, often, very often)
- 4. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling of being burned out from my work as an IT professional. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 4a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling burned out from your work?
 - 4b. Of those experiences, what was the frequency with which you felt burned out from your work? (Likert frequency scale: never, seldom, sometimes, often, very often)

Fairness

- 1. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling that my work schedule has been fair. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 1a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling that your work schedule was fair?
 - 1b. Of those experiences, what was the frequency with which you felt your work schedule was fair? (Likert frequency scale: never, seldom, sometimes, often, very often)
- 2. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling that my level of pay has been fair. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 2a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling that your level of pay was fair?
 - 2b. Of those experiences, what was the frequency with which you felt your level of pay was fair? (Likert frequency scale: never, seldom, sometimes, often, very often)
- 3. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling that my job responsibilities have been fair. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 3a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling that your job responsibilities were fair?
 - 3b. Of those experiences, what was the frequency with which you felt your job responsibilities were fair? (Likert frequency scale: never, seldom, sometimes, often, very often)
- 4. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling that my workload has been fair. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 4a. Of the total number of organizations for which you have worked as an IT professional, in how many of those did you experience feeling that your workload was fair?
 - 4b. Of those experiences, what was the frequency with which you felt your workload was fair? (Likert frequency scale: never, seldom, sometimes, often, very often)
- 5. Considering the various jobs I have had and organizations that I worked for over my IT career, I experienced a persistent feeling that the rewards I received have been fair. (Seven-point Likert scale: strongly disagree/strongly agree)
 - 5a. Of the total number of organizations for which you have worked as an IT professional, in how many did you experience feeling that the rewards you received were fair?
 - 5b. Of those experiences, what was the frequency with which you felt the rewards you received were fair? (Likert frequency scale: never, seldom, sometimes, often, very often)